

Patient Pre-Op/Post-Op Healing Therapy™

EASIER SURGERY, FASTER RECOVERY

Are you anxious about
upcoming surgery?

Do you know someone
who needs to have surgery?

Do you want to worry less
about your surgery?

PATIENT PRE-OP/POST-OP HEALING THERAPY™ CAN HELP!



James Mapes

In this interactive program, I teach you how to **eliminate fear** and help **harness your body's natural resources for healing**. *Patient Pre-Op/Post-Op Healing Therapy™* will help you:

- **Reduce anxiety** and worry
- Diminish post-surgery complications
- **Reduce or eliminate pain** following your procedure
- Improve sleep – before *and* after surgery
- **Recover easier and faster**

**LEARN THE TOOLS YOU CAN USE TO HELP SUPPORT A SUCCESSFUL SURGERY
— AS WELL AS TO SPEED AND STIMULATE THE RECOVERY PROCESS!**



HERE'S WHAT OTHERS SAY ABOUT THE PROGRAM:

"James Mapes' audio program helped me through one of the most frightening times of my life, when diagnosed with brain cancer. It is impossible for me to overestimate the impact of his guidance and knowledge throughout my recovery from surgery."

—Joanna D'Amelio, Fairfield County, CT

**Format: Audio CD or
Digital Download
Price: \$49.95**

*"James Mapes understands the human mind. He influenced his own mind to make his cardiac surgery a positive experience. He can do the same for your upcoming surgical encounter. Do yourself an important favor. **BUY THIS CD. DON'T HAVE SURGERY WITHOUT IT.**"*

—John A. Elefteriades, Md,
William W. L. Glenn Professor of Surgery,
Chief of Cardiothoracic Surgery, Yale-New
Haven Hospital, Director, Aortic Institute at
Yale-New Haven Hospital

"The Pre-Op/Post-Op Healing Therapy helped me extensively by reducing my anxiety levels and allowing me to face the surgery with minimal stress and a peace of mind. I was released from the hospital, and began healing at a rapid pace, resuming a normal life again very quickly."

—Kris Johanson, Chicago, IL

**ORDER NOW! Call toll free 1-888-562-7371
or order online at www.jamesmapes.com.**

